

# THE WHEEL OF LIFE (email)

## Directions

The eight sections in the Wheel of Life represent different aspects of your professional life. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction with each area of life by deleting color bars from a section to match your level of satisfaction in that area. The new perimeter of the colored sections represents the wheel of your life. If this were a real wheel, how bumpy would the ride be?

